

PHSE Curriculum overview

| Year Group | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|----------------------|----------------------|--------------------------------|-------------------------|-------------------|----------------------|--------------------|
| Year 1 | Being me in my World | Celebrating difference | Dreams and Goals | Healthy me | Relationships | Changing Me |
| Year 2 | Being Me | Anti-bullying | Family and friends | Healthy Me | Relationships | Changing Me |
| Year 3 & 4 – cycle 1 | Being Me (Yr 3) | Celebrating differences (Yr 3) | Dreams and Goals (Yr 3) | Healthy Me (Yr 3) | Relationships (Yr 3) | Changing Me (Yr 3) |
| Year 3 & 4 – cycle 2 | Being Me (Yr 4) | Celebrating differences (Yr 4) | Dreams and Goals (Yr 4) | Healthy Me (Yr 4) | Relationships (Yr 4) | Changing Me (Yr 4) |
| Year 5 & 6 – cycle 1 | Being Me (Yr 5) | Celebrating differences (Yr 5) | Dreams and Goals (Yr 5) | Healthy Me (Yr 5) | Relationships (Yr 5) | Changing Me (Yr 5) |
| Year 5 & 6 – cycle 2 | Being Me (Yr 6) | Celebrating differences (Yr 6) | Dreams and Goals (Yr 6) | Healthy Me (Yr 6) | Relationships (Yr 6) | Changing Me (Yr 6) |

Internet Safety will be taught as part of PSHE.