

Action plan for P.E 2022/2023

Total Sport Premium Allocation including amount carried over - £16,620

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

| Objective and Key Indicator | Outcome | Actions | Person | Money | Evaluation |
|--|--|---|---------------|---|--|
| <p>To maintain and progress physical activity opportunities in the school</p> <p>Key indicator 1,2 and 4</p> | <p>All children will have an opportunity to achieve 30mins or more of activity per day. Physical activity will be promoted with the children, within the school and within the home. More children will be achieving the government's activity guidelines.</p> | <p>Maintain the physical activity activities:</p> <ul style="list-style-type: none"> • Children to come to school in PE kit on PE days • Children complete a daily Golden Mile/skip • Review the activity guidelines with the children • Review traverse wall training to all children to encourage use in playtimes • Balanceability delivery in reception to continue. | <p>H Dowe</p> | <p>Skip 2 b fit workshop and resources- £1015.70</p> <p>PE Homework bags - £578.45</p> <p>Fitter Future Subscripti on - £70</p> | <p>Skip2bfit workshop booked for April 27th 2023</p> <p>Skip 2 fit embedded within the school. This contributes 5 minutes towards the children's daily activity targets. All children developing skipping skills. 100% of children in years 1 to 6 can skip. Children</p> |

| | | | | | |
|--|--|---|--|--|---|
| | | <ul style="list-style-type: none"> • Maintain the morning workout across the school using Fitter Futures. Year 5 and 6 utilise the gym equipment as part of their morning workout and afternoon active break. • Train new play pals to provide further opportunity for activity at lunchtime. • School Games Committee to plan and provide activity challenges throughout the year. • Embed Activall in playtime physical activity by providing active challenges and competitions utilising all the games on the board • Invite Skip 2 b fit back in to school to reinvigorate the skip to b fit programme and motivate children to skip and teach new children to skip. • Purchase PE homework bags filled with a range | | | <p>developing determination and perseverance to achieve targets</p> <p>Homework bag resources purchased and organised into class bags. Assembly to start the initiative has been planned and delivered. Children have started to take the bags home. Postive feedback from parents. The children have loved using all the equipment during the week and have been active outside with the family more than normal. This will continue throughout the year. Pupil voice questionnaire to be conducted later in the year to find out children's views</p> |
|--|--|---|--|--|---|

| | | | | | |
|--|--|---|--|--|---|
| | | <p>of PE equipment. Each child takes the bag home for a week and uses the equipment. Provide a book to write down ideas, activities and games that other children can play.</p> | | | <p>and areas for development/improvement. 100% of children have had the PE bag for a period of one week during this academic year. Several activities and games have been written in the book provided.</p> <p>Fitter future subscription continued. Children taking part in classroom workouts which contributes 10 minutes of their one hour a day of physical activity. In addition supports the development of body co-ordination, balance and strength</p> <ul style="list-style-type: none">• Children continue to come to school in PE kit. This has seen an increase in |
|--|--|---|--|--|---|

| | | | | | |
|--|--|--|--|--|---|
| | | | | | <p>activity and lesson time by up to 15 minutes on PE days.</p> <ul style="list-style-type: none"> • Traverse wall training reviewed with all children so the walls are actively used during playtimes to increase activity levels. Play pals have been trained on the use of the climbing wall and can take groups to play on them. • All children in reception have had a term of Balanceability in addition to PE in 2021/22. All have developed confidence and competence on a balance bike. 100% of pupils can push and glide. • Outdoor gym -Year 5 and 6 use during the day. This contributes 5 -10 |
|--|--|--|--|--|---|

| | | | | | |
|---|---|---|--|---|--|
| | | | | | <p>minutes towards their 30 minutes per day. It is also used with individual children with needs that require regular active breaks. This has improved focus during lesson times.</p> <ul style="list-style-type: none"> In 2023, 28 KS2 children were trained as young leaders by the sports partnership. 15 lead games at playtimes. 14 were young leaders at Sports Day. |
| <p>To provide inter school competition and safe practice advice</p> <p>Key Indicators 4 and 5</p> | <p>Children in key stages 1 and 2 will take part in a variety of inter school competitions.</p> <p>Children have the opportunity to progress to county and regional competitions.</p> <p>The school will have access to a</p> | <p>Buy into the sports partnership and the P.E hub which provides the competitions and transport.</p> <p>Fill out competition forms</p> <p>Fill out trip forms and send letters</p> <p>Train children for competitions in lessons and clubs</p> | <p>H Dowe</p> <p>K Rolfe</p> <p>J Edgely</p> | <p>Sports partnership package £2915</p> | <p>100% of year 1 and 2 children attended 3 inter schools competitions.</p> <p>100% of year 3 and 4 children attended 3 inter school competitions. The cricket team won the local competition and came 3rd at the district competition</p> |

| | | | | | |
|--|---|---|--|--|--|
| | <p>health and safety professional that will provide advice when needed and provide a regular update of changes.</p> | <p>Attend all competitions</p> <p>Personal challenges will be set throughout the year for competition against self.</p> | | | <p>100% of year 5 and 6 children attended 3 interschool competitions.</p> <p>In addition, 100% of yr 5 and 6 attended the Sportshall athletics competition. 50% attended district dodgeball. Girl's won the district dodgeball competition</p> <p>During 2022/23, 100% of KS2 children have taken part in intra school competition within their classes with pupils awarded for winning and displaying the School Games Values.</p> <p>2 intra school competition has been delivered by the sports partnership which 100% of Ks2 children participated in.</p> |
|--|---|---|--|--|--|

| | | | | | |
|---|---|--|------------------|---|---|
| <p>To provide CPD</p> <p>Key Indicators 2 and 3 and 4</p> | <p>All teachers and teaching assistants will develop their knowledge, understanding and teaching of high quality physical education. This can be applied in lessons to further develop the delivery of high quality sessions.</p> <p>New schemes will be written or old schemes adapted in line with training received.</p> <p>Children will be provided with new sporting opportunities and new experiences. This will support the development of skill transfer</p> | <p>Buy into the Sports Partnership package which provides in school twilights and free places on a selection of half day and whole day P.E courses.</p> <p>PE Co-ordinator training PE co-ordinator will attend three training days provided by the University of Bedfordshire. These will ensure continued progression and development of the PE curriculum.</p> <p>PE Conference - Co-ordinator to attend Bedfordshire PE conference to keep up date with current PE practice.</p> <p>Gym: Gym coach to be booked to work with reception teacher during the spring term. This will support upskilling the teacher through observation and team teaching.</p> <p>HD to complete gym training started last year with all staff. Complete a 2 hour apparatus twilight.</p> | <p>All staff</p> | <p>Sports Partnership package - £2915</p> <p>TA training - £14.34 per hour. 2 hours per week - £1089.84</p> | <p>Gym coach has worked with the reception teacher for 6 weeks. Team teaching has helped build confidence. We also have a planned scheme of work to support our existing scheme which can be delivered next year. HD to observe a gym lesson with the reception teacher to see the impact of the provision.</p> <p>Archery twilight booked for March 2023. Archery twilight session took place. All staff trained in the set up, use, safety and activities. 20 children took part in an archery sports club where they learnt about safety, the equipment, set up and technique. They then practiced and refined their skills and played some games. Pupil voice showed 100% of pupils enjoyed the session and</p> |
|---|---|--|------------------|---|---|

| | | | | |
|--|--|--|--|--|
| | | <p>Forest School Training Two more members of staff to be Forest School trained to enable children to take part in more outdoor learning and education. This will provide a broader range of activities and life skills for all pupils. Children will develop the teamwork and social skills needed to take part in all areas of PE and sport as well as increased confidence, self esteem and resilience that the activities will provide.</p> <p>Upskilling staff EV to continue to trained as a PE TA. EV will work alongside the PE co-ordinator in lessons to develop the skills and competency to support PE lessons across the school. Pe co-ordinator will discuss the lesson and expectations prior to the lesson and evaluate after the lesson.</p> <p>Twilights HD to request Football, Pop Lacrosse and archery twilights to up skills staff to provide these activities.</p> | | <p>would like to do it again. Archery to be use as part of the sports club provision. Also to be used in enrichment days. Archery was used during Federation Day. 100% of pupils in years 2 to 6 experienced and developed archery skills</p> <p>EV continue to train alongside a qualified specialist PE teacher. She now supports gymnastics club and sports club in addition to PE sessions. EV can now lead small groups, umpire and referee team games providing support and support children with gymnastic skills.</p> <p>Football CPD was replaced by athletics - All teachers developed subject knowledge in how to develop running, throwing and jumping. These have been applied during the athletics units</p> |
|--|--|--|--|--|

| | | | | | |
|--|--|---|--------|--|---|
| | | | | | <p>in the summer term. All upper key stage 2 children achieved the expected level in their athletics assessments.</p> <p>Pop Lacrosse carried forward as no tutor could be found.</p> |
| <p>To provide swimming for early years and KS1 and top up swimming for KS2</p> <p>Key indicators 1 and 4</p> | <p>All children will have the opportunity to develop their swimming skills and water confidence. Year 2,3,4,5 and 6 will have lessons in addition to the curriculum offer to further develop swimming skills and water confidence. More children will reach the National Curriculum expectation by the end of KS2.</p> | <p>Contact Elite to establish cost and availability of the Pools to Schools initiative.</p> <p>Pool to be placed in the playground in the summer term for a period of 2 weeks. Qualified coaches will deliver curriculum and extra curricular lessons to all pupils each day.</p> | H Dowe | <p>Pools to School cost - £3400</p> <p>Electricity and water cost - £400</p> | <p>Pools to schools was unable to go ahead. After several positive conversations, it was eventually decided that the surface the pool was to sit on was unsuitable. HD contacted all pools around the area to find out availability to help support top up swimming. Splash in Rushden may have availability. This is the pool we use for existing lessons. This would help with data that the swimming teachers keep when it comes to our curriculum swimming offer.</p> |

| | | | | | |
|--|---|---|---------------|--|--|
| <p>To provide extra curricular clubs</p> | <p>All pupils will have the opportunity to attend extra curricular sports clubs including football, dance, archery, table tennis and multi sports. More children will achieve the 30 minutes of in school activity per day.</p> | <p>Maintain link with R and D to ensure pupils have access to all existing clubs.</p> <p>Provide free places for pupil premium children.</p> <p>P.E co-ordinator to run an additional multi sports club for year 3 to 6. Content of club based on pupil voice, but will provide the opportunity to experience a range of activities from the curriculum along with a range of new experiences including archery, pop lacrosse, golf and baseball.</p> | <p>H Dowe</p> | | <p>Pupil premium pupils offered free club places. All children currently taking up these. This provides one hour of extra curricular activity per week.</p> <p>R and D providing football, table tennis, archery and dance clubs across the year. All clubs are well attended.</p> <p>Free gym club provided for children in years 1 to 6 - 45% of pupils attend. 50% of these performed at the village fete.</p> <p>Free Sports club provided for years 3 to 6 half a term each term. 20 pupils (57% of KS2) attend the club. This enables to achieve their physical activity levels for the day. Children have also had new experiences like Quidditch and archery. This has motivated</p> |
|--|---|---|---------------|--|--|

| | | | | | |
|---|---|--|---------------|--|--|
| | | | | | <p>children that would not normally attend sports club to join and improve their activity levels. 100% of children that attended the first half term wanted to reenrol for the next half term. This also saw an increase in numbers with more children joining.</p> |
| <p>To provide clear learning intentions, success criteria and value focus</p> | <p>All children will be aware of the learning and success criteria. This will result in further engagement, children discussing and reflecting on learning and developing and discussing the focus value of the topic. They will also be aware of the domains of learning they are focussing on e.g. head, heart, hands</p> | <p>To purchase mobile dry wipe board for outside to share learning intentions, success criteria, value and domain each lesson.</p> | <p>H Dowe</p> | | <p>Located an existing board to use.</p> <p>This has ensured children are clear on the learning objective, success criteria and focus value for the session. This can also be reviewed and reflected on at the end of the session and referred to during the session. Children have been able to create their own success criteria during the lessons and added these to the board.</p> <p>During pupil voice children said they have a clear understanding of</p> |

| | | | | | |
|--|--|---|--|--|---|
| | | | | | what they are learning and how to achieve it. |
| <p>To provide co-ordinator release time</p> <p>Key Indicators 3 and 4</p> | <p>Staff lessons monitored and verbal and written feedback provided. Follow up support given, if required.</p> <p>Co-ordinator to gain an understanding of what P.E is like in the school. Teachers to recognise what areas are good practise and what could be done to further develop the quality of the sessions.</p> <p>15 Play Pals trained and delivering sessions during lunchtimes.</p> <p>Co-ordinator will review the long term plans and medium term plans for breadth, balance, progression and teaching sequence.</p> | <p>P.E co-ordinator to have time to observe reception teacher and year 5 and 6 teacher, provide feedback and provide further support if required.</p> <p>PE co-ordinator to conduct the annual pupil survey to gauge pupil views.</p> <p>PE Co-ordinator to have day out to review long and medium term plans and adapt as necessary.</p> <p>15 key stage 2 pupils will be trained as young leaders to deliver activities at lunch time.</p> <p>To write and review the PE development plan</p> | <p>H Dowe</p> <p>M Bhungar</p> <p>L Whitmore</p> | | <p>Young leader training booked for May 9th. 28 KS2 pupils will be trained. Play pals will then be set up in the summer term so that the leaders can deliver activities at lunch time.</p> <p>15 children leading activities at play times.</p> <p>14 children were young leaders at sports day.</p> |
| <p>To purchase high quality resources</p> <p>Key Indicators 1, 4 and 5</p> | <p>P.E lessons and clubs will be enhanced through the use of quality resources and use of purchased schemes. Children will have greater opportunities to use resources to further develop P.E skills. Reduced numbers during team games will ensure all children are actively participating, engaged and enjoying their PE and sport. New resources</p> | <p>Purchase additional Forest School equipment to broaden and enrich the delivery of Forest School sessions. All children throughout the school will receive sessions. This will provide a broader range of activities and life skills for all pupils. Children will develop the teamwork and social skills</p> | <p>H Dowe</p> <p>J Edgely</p> | <p>Forest School Resources - £101.48</p> <p>Archery resources - sales@clickersarcher</p> | <p>Additional forest school equipment has been purchased.</p> <p>Better quality peelers have been purchased so that the younger children can whittle. The old peelers snapped and broke during the initial</p> |

| | | | | | |
|--|--|---|--|---|---|
| | <p>will be purchased to support the development of new experiences, alternative sports and physical activity and opportunities for skill transference. Children will further develop the time spent on physical activity. All children will reach the daily activity guidelines.</p> | <p>needed to take part in all areas of PE and sport as well as increased confidence, self esteem and resilience that the activities will provide</p> <p>Purchase archery equipment that will be utilised during after school clubs and enrichment days. This will provide a new activity and greater motivation and opportunity to be physically active.</p> <p>Purchase shot puts to provide opportunity for children to participate in this event. Purchase enough so there is 1 per child to maximise participation and activity levels during the lesson.</p> | | <p>y.co.uk - 10 pack and a 3 pack - £928</p> <p>Shot puts - set of 4 x 2 - £49</p> <p>Retractable table tennis nets - £62.40</p> | <p>sessions. All KS1 children have now experienced and developed the skill.</p> <p>More tarpaulins have been purchased to enable children to den/shelter build and learn the skill of knot tying. Additional tarpaulins has reduced the group size so that more children are actively involved within the lesson.</p> <p>Archery equipment has been purchased and CPD has been booked for March 2023. Archery will be placed within sports club to motivate more pupils to attend. It will also be used as enrichment activities so that all children can develop a new skill. (see above)</p> <p>Shot puts have been purchased. There are now enough for one between two. This will maximise learning by providing</p> |
|--|--|---|--|---|---|

| | | | | |
|--|--|--|--|---|
| | | | | <p>more opportunities to throw. One each was not possible due to space and safety. One between two means one child can perform and the other one coach technique and provide feedback which will support learning. Evaluate impact in summer term. 100% of upper key stage 2 pupils developed the shot put technique and applied at sports day.</p> <p>Table top retractable tennis nets have been purchased. 100% of Upper key stage 2 pupils can now have table tennis lessons as part of their net wall curriculum scheme. This will enable skill and knowledge transition between other net wall games. There are now 3 table tennis tables and enough retractable nets for 4 more pop up tables. All pupils will be able to participate in the</p> |
|--|--|--|--|---|

| | | | | | |
|--|---|---|--------------------|----------------------|---|
| | | | | | lesson. These will also be used in sports club to provide a new activity. |
| To provide Bikeability training Key Indicator 1 and 4 | Key stage 2 pupils will develop level 1 and 2 road safety skills through a course delivered by an outside agency and PE co-ordinator. | Book Bikeability level 1 and level 2 for the summer term. | H Dowe K Rolfe | | 100% of year 6 pupils passed Bikeability level 2. 100% of year 4 pupils passed Bikeability level 1 |
| To achieve School Games Gold Award Key Indicators 1, 2, 4 and 5 | The school will achieve the platinum award. | The school already has the gold award and platinum award and this needs to be maintained. Maintain all gold criteria from last year. Submit a new case study to achieve platinum. | H Dowe | | The school achieved the Platinum award. |
| To be up to date with all developments in P.E Key Indicator 3 | P.E Co-ordinator will be up to date with all developments in physical education and safe practice. HD will be insured when delivering physical education in school and out of school. | Renew Afpe membership. | H Dowe J Edgely | Afpe membership £239 | Membership renewed. Co-ordinator receives latest magazine, research and health and safety updates to keep up to date with changes and developments. |

| | | | | | |
|--|--|---|--------------------------------------|--|---|
| <p>To provide an indoor facility for P.E lessons and extra curricular activities</p> <p>Key indicators 1 and 4</p> | <p>Through access to an indoor facility, children will receive a broad and balanced curriculum and develop skills, particularly, in the areas of gym and dance. Children will have access to many extra curricular activities which require an indoor space e.g. gym club. The option of an indoor space during bad weather means P.E lessons and clubs are not cancelled.</p> | <p>Book the village hall for all P.E and club sessions. This will include timetabled outdoor P.E sessions so the children have access to an indoor space if the weather is bad.</p> | <p>H Dowe L Virnals Jill</p> | <p>£ 1637 for village hall during winter months (per year)</p> | <p>All children have access to an indoor space for gymnastics and dance lessons. All children in key stage 1 and key stage 2 have developed their dance and gymnastic skills and knowledge. Assessments show they have reached the expected level for their age.</p> <p>100% of PE lessons and clubs have taken place with none cancelled in the last academic year due to weather.</p> |
| <p>To purchase annual Boxercise license</p> <p>Key indicator 4</p> | <p>Boxercise licence to be purchased to enable delivery of activity in year 5 and 6 and teacher and parent session.</p> | <p>Purchase Boxercise Licence</p> | <p>J Edgely</p> | <p>£165.83</p> | <p>Licence purchased. 100% of year 5 and 6 children experienced Boxercise in 2022. All achieved achieved expected level and pupil voice was very positive about these sessions.</p> |

| | | | | | |
|---|--|---|--|---|--|
| <p>To create an additional play area</p> <p>Key indicator 1 and 4</p> | <p>All children will have more opportunity to achieve the physical activity guidelines, undertake weight bearing activities and develop gross motor skills</p> | <p>School garden to be developed into an outdoor play area. School council to work with PE coordinator to develop. Area will either be a climbing area or gym area.</p> <p>Measure area and gain quotes for clearance.</p> <p>Work with school council</p> <p>Research quotes and equipment</p> <p>Move towards clearance and installation.</p> | | | |
| | | | | <p>Action plan total spend so far - £8851.70</p> <p>£7768.30 to be carried over towards play area project</p> | |