

Action plan for P.E 2021/2022

Total Sport Premium Allocation including amount carried over - £21,172

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity - kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Objective and Key Indicator	Outcome	Actions	Person	Money	Evaluation
To maintain and progress physical activity opportunities in the school Key indicator 1,2 and 4	All children with have an opportunity to achieve one hour or more of activity per day. Physical activity will be promoted with the children, within the school and within the home. More children will be achieving the government's activity guidelines.	Maintain the physical activity activities: <ul style="list-style-type: none">• Children to come to school in PE kit on PE days• Children complete a daily Golden Mile/skip and children rewarded at achievement points• Review the activity guidelines with the children• Review traverse wall training to all children to encourage use in playtimes	H Dowe	2 Activall boards - £6760	<ul style="list-style-type: none">• Children continue to come to school in PE kit. This has seen an increase in activity and lesson time by up to 15 minutes on PE days.• Golden mile has continued. This contributes 5 minutes towards the 30 minutes a day of activity for all children.• Traverse wall training reviewed

		<ul style="list-style-type: none"> • Continue to provide PE homework and challenges • Balanceability/scooterbility delivery in reception to continue. • Maintain the morning workout across the school using Fitter Futures. Year 5 and 6 utilise the new gym equipment as part of their morning workout and afternoon active break. • Maintain active breaks in the afternoon across the school. • Train new play pals to provide further opportunity for activity at lunchtime. • School Games Committee to plan and provide activity challenges throughout the year. • Purchase Activall wall - Hand eye co-ordination/agility wall to provide further activity before school and playtimes. Wall can be 			<p>with all children so the walls are actively used during playtimes to increase activity levels. Play pals have been trained on the use of the climbing wall and can take groups to play on them.</p> <ul style="list-style-type: none"> • All children in reception have had a term of Balanceability in addition to PE in 2021/22. All have developed confidence and competence on a balance bike. • Outdoor gym -Year 5 and 6 use during the day. This contributes 5 -10 minutes towards their 30 minutes per day. It is also used with individual children with needs that require regular active
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		<p>utilised during multi skills curriculum sessions to further develop and enrich co-ordination and agility sessions. The wall can also be utilised during after school clubs and for SEN children as part of a programme of strategies.</p>			<p>breaks. This has improved focus during lesson times.</p> <ul style="list-style-type: none"> • School has purchased fitterfutures subscription for £80. These are differentiated work out videos that the children do first thing in the morning. This contributes 10 minutes towards the 30 minute activity target • Skip 2 b fit- The school now completes a daily skip which contributes towards the 30 minutes of activity. • In 2021, 17 KS2 children were trained as young leaders • School Games Committee was linked to school
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					<p>council.</p> <ul style="list-style-type: none"> • Activall purchased for active playtimes. All children engaging with the boards at break. Next year, mini competitions will be used to maintain the children's interest and motivation. Boards have also been used during multi skills sessions to develop hand eye coordination and reaction times. 95% of children in KS1 achieved expected levels of progress.
<p>To provide inter school competition and safe practice advice</p> <p>Key Indicators 4 and 5</p>	<p>Children in key stages 1 and 2 will take part in a variety of inter school competitions.</p> <p>Children have the opportunity to progress to county and regional competitions.</p>	<p>Buy into the sports partnership and the P.E hub which provides the competitions and transport.</p> <p>Fill out competition forms</p> <p>Fill out trip forms and send letters</p> <p>Train children for competitions</p>	<p>H Dowe</p> <p>K Rolfe</p> <p>Jill</p>	<p>Sports partners hip package £2775</p>	<p>100% of year 1 and 2 children attended 2 inter schools competitions.</p> <p>100% of year 3 and 4 children attended 2 inter school competitions.</p> <p>100% of year 5 and 6 children attended 2</p>

	<p>The school will have access to a health and safety professional that will provide advice when needed and provide a regular update of changes.</p>	<p>in lessons and clubs</p> <p>Attend all competitions</p> <p>Personal challenges will be set throughout the year for competition against self.</p>			<p>interschool competitions.</p> <p>In addition, 100% attended the Sportshall athletics competition. 30% attended district dodgeball</p> <p>During 2020, 100% of KS2 children have taken part in intra school competition within their classes with pupils awarded for winning and displaying the School Games Values.</p> <p>2 intra school competitions have been delivered by the sports partnership. (Boccia and Archery)</p> <p>Pupil voice enjoyed archery and would like to see it as part of the extra curricular offer.</p>
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<p>To provide CPD</p> <p>Key Indicators 2 and 3 and 4</p>	<p>All teachers and teaching assistants will develop their knowledge, understanding and teaching of high quality physical education. This can be applied in lessons to further develop the delivery of high quality sessions.</p> <p>New schemes will be written or old schemes adapted in line with training received.</p> <p>Children will be provided with new sporting opportunities and new experiences. This will support the development of skill transfer</p>	<p>Buy into the Sports Partnership package which provides three in school twilights and free places on a selection of half day and whole day P.E courses.</p> <p>PE Co-ordinator training PE co-ordinator will attend three training days provided by the University of Bedfordshire. These will ensure continued progression and development of the PE curriculum.</p> <p>PE Conference - Co-ordinator to attend Bedfordshire PE conference.</p> <p>Gym: Gym coach to be booked to work with year 5 and 6 teacher during the summer term. This will support upskilling the teacher through observation and team teaching.</p>	<p>All staff</p>	<p>Sports Partners hip package - £2775</p> <p>Gym Coach - Part of Sports Partners hip package</p> <p>Forest School training for 2 staff including supply cover - £2142</p> <p>TA training - £14.34 per hour.</p>	<p>PE Co-ordinator attended the PE conference. From this training, Quidditch has been placed into the extra curricular offer and potentially into the curriculum for upper key stage 2. A focus on concepts and values has been included in the long term plan for each year group. Each unit of work will have a value/concept attached to it that the children will work on and apply.</p> <p>Gym coach worked with year 5 and 6 teacher to upskill and develop confidence. Year 5 and 6 teacher to lead gymnastic sessions next year.</p> <p>Dance teacher worked with the reception teacher to upskill and develop confidence in dance across a period of 6 weeks. This unit of work will be placed into the curriculum and will be</p>
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		<p>Forest School Training Two members of staff to be Forest School trained to enable children to take part in outdoor learning and education. This will provide a broader range of activities and life skills for all pupils. Children will develop the teamwork and social skills needed to take part in all areas of PE and sport as well as increased confidence and resilience that the activities will provide.</p> <p>Upskilling staff EV to be trained as a PE TA. EV will work alongside the PE co-ordinator in lessons to develop the skills and competency to support PE lessons across the school. Pe co-ordinator will discuss the lesson and expectations prior to the lesson and evaluate after the lesson.</p>		<p>3 hours per week - £1634</p> <p>PE conference attendance- £175</p>	<p>led by the reception teacher next year.</p> <p>PE co-ordinator trained the staff in floor gymnastics. All staff attended and developed confidence in what gymnastics is, what it looks like, how it progresses, the vocabulary to use, how to support gymnastic skills and create sequences.</p> <p>EV has worked alongside the PE co-ordinator and PE teachers all year and has effectively supported them in all areas. EV has attended all training and has developed knowledge and understanding. EV now has the confidence to support groups of children in many areas. This will continue to develop next year.</p> <p>Sports Partnership provided athletics CPD to all staff. Pe co-ordinator</p>
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				<p>has used these ideas within the curriculum schemes to enrich. All children achieved expectation during the athletics schemes taught in KS2.</p> <p>The co-ordinator attended Forest School training over 5 days and completed 20 hours online. All online assignments have been passed as have all the skills assessments. Co-ordinator has produced a handbook and risk assessments which have been passed and has started to set up the Forest School area. This area is within the grounds of Bedfordia which have given permission in principle to allow us to have these sessions. Forest school sessions are due to start in September 2022 and the co-ordinator is aiming to become qualified by</p>
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					December 2022. One place has been paid for and carried over due to staff illness
<p>To provide co-ordinator release time</p> <p>Key Indicators 3 and 4</p>	<p>Staff lessons monitored and verbal and written feedback provided. Follow up support given, if required.</p> <p>Co-ordinator to gain an understanding of what P.E is like in the school. Teachers to recognise what areas are good practise and what could be done to further develop the quality of the sessions.</p> <p>15 Play Pals trained and delivering sessions during lunchtimes.</p> <p>Co-ordinator to have day to review the long term plans and medium term plans for breadth balance and teaching sequence.</p>	<p>P.E co-ordinator to have time to observe reception teacher and year 5 and 6 teacher, provide feedback and provide further support if required.</p> <p>15 key stage 2 pupils will be trained as young leaders.</p> <p>To write and review the PE development plan</p>	<p>H Dowe</p> <p>Marie Bhungar</p> <p>Larissa Whitmore</p>		<p>Staffing issues have not allowed this to happen. This is to be completed next academic year. A time has already been allocated for the coordinator to have a leadership day focussing on PE.</p> <p>17 young leaders trained who then delivered play pal sessions each lunchtime.</p>
<p>To purchase high quality resources</p> <p>Key Indicators 1, 4 and 5</p>	<p>P.E lessons and clubs will be enhanced through the use of quality resources and use of purchased schemes. Children will have greater opportunities to use resources to further develop P.E skills. Reduced numbers during team games will ensure all children are actively participating, engaged and enjoying their PE and sport. New resources</p>	<p>Purchase two netball posts to provide opportunity for multiple pitches during invasion games units. This will maximise participation and further develop physical and cognitive development.</p> <p>Purchase Forest School equipment to support the</p>	<p>H Dowe</p> <p>Jill</p>	<p>Forest School Resources - £3469.91</p> <p>2 x netball posts -</p>	<p>Forest school resources have been purchased ready to start the sessions in September 2022. 100% of the children will have half a term of Forest School sessions next year.</p> <p>Quidditch equipment</p>

	<p>will be purchased to support the development of new experiences, alternative sports and physical activity and opportunities for skill transference. Children will further develop the time spent on physical activity. All children will reach the daily activity guidelines.</p>	<p>delivery of Forest School sessions. All children throughout the school will receive sessions. This will provide a broader range of activities and life skills for all pupils. Children will develop the teamwork and social skills needed to take part in all areas of PE and sport as well as increased confidence and resilience that the activities will provide</p> <p>Purchase an outdoor, portable Bluetooth speaker to allow for dance lessons and performances to be taught in the playground and to utilise streaming services.</p> <p>Purchase Rise gymnastics to support development of gymnastics in extra curricular clubs. This includes a British Gymnastics membership for up to date and current gymnastics developments</p>		<p>£150</p> <p>Folding Football Goal - £208.45</p> <p>Quidditch resource - £1665</p> <p>Bluetooth speaker - £150</p>	<p>purchased after CPD was attended at the PE conference. This will be integrated into the extra curricular offer to engage more pupils to be physically active and literate. This will be offered to all pupils in key stage 2. Pupil voice will be used to gauge pupil views with the potential to place this into the curriculum at upper key stage 2 as an invasion game.</p> <p>Netball posts and goals were purchased to allow for multiple pitches during curriculum, club and playtimes. This enables more children to actively take part and increase their activity levels as well as their physical, social and cognitive skills.</p> <p>Blue tooth speaker purchased to enable dance lessons and events</p>
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					<p>to take place outside. This provides more space for the children to move and be creative. 100% of children participated in a whole school country dance session for the Jubilee. The speaker is also used at break and lunchtimes for dance. The children enjoy dancing and are physically active for longer periods.</p> <p>Rise gym was not purchased - look into this next year.</p>
<p>To provide Bikeability training</p> <p>Key Indicator 1 and 4</p>	<p>Key stage 2 pupils will develop level 1 and 2 road safety skills through a course delivered by an outside agency and PE co-ordinator.</p>	<p>Book Bikeability level 1 and level 2 for the summer term.</p>	<p>H Dowe</p> <p>K Rolfe</p>	<p>Partnership package</p>	<p>All pupils that attended the level one course passed.</p> <p>93% of pupils that attended the level two course passed.</p>
<p>To achieve School Games Gold Award</p> <p>Key Indicators 1,</p>	<p>The school will achieve the platinum award.</p>	<p>The school already has the gold award and platinum award and this needs to be maintained. Maintain all gold criteria from last year.</p>	<p>H Dowe</p>		<p>The criteria has changed, but the school has achieved the platinum award again.</p>

2, 4 and 5					
<p>To be up to date with all developments in P.E</p> <p>Key Indicator 3</p>	<p>P.E Co-ordinator will be up to date with all developments in physical education and safe practice. HD will be insured when delivering physical education in school and out of school.</p>	<p>Renew Afpe membership.</p>	<p>H Dowe Jill</p>	<p>Afpe members hip £239</p>	<p>Membership renewed. Co-ordinator receives latest magazine, research and health and safety updates to keep up to date with changes and developments.</p>
<p>To develop self and peer assessment in Ks2</p> <p>Key indicator 4</p>	<p>Key stage 2 Children will be able to confidently self assess and set their own targets in relation to physical, cognitive, health and social skills.</p>	<p>Continue to implement new self assessment sheets in upper Key Stage 2. Provide time for children to fill these in at the beginning and end of each unit. Provide time to set themselves targets.</p> <p>Re-introduce these in September 2021. Develop further by introducing self assessment of physical and cognitive skills.</p>			<p>Ipads have been used successfully, particularly in dance and gymnastics sessions so that the pupils can self and peer assess and discuss their work. They are also used for assessment and tracking competition that is then published on Sessaw.</p> <p>Self assessment sheets</p>

		Further embed use of Ipads across the school for self and peer assessment.			implemented in upper key stage 2. Children were able to self assess their social and health skills and set themselves targets. Need to be reintroduced in September 2022.
To provide an indoor facility for P.E lessons and extra curricular activities Key indicators 1 and 4	Through access to an indoor facility, children will receive a broad and balanced curriculum and develop skills, particularly, in the areas of gym and dance. Children will have access to many extra curricular activities which require an indoor space e.g. gym club. The option of an indoor space during bad weather means P.E lessons and clubs are not cancelled.	Book the village hall for all P.E and club sessions. This will include timetabled outdoor P.E sessions so the children have access to an indoor space if the weather is bad.	H Dowe L Virnals Jill	£ 1637 for village hall during winter months (per year)	All children have access to an indoor space for gymnastics lessons. All children in key stage 1 and key stage 2 have developed their gymnastic skills and have reached the expected level for their age. No PE lessons or clubs cancelled in the last academic year due to weather.
To purchase annual Boxercise license Key indicator 4	Boxercise licence to be purchased to enable delivery of activity in year 5 and 6 and teacher and parent session.	Purchase Boxercise Licence	Jill	£165.83	Licence purchased. 100% of year 5 and 6 children experienced Boxercise in 2022. All achieved expected level and pupil voice was very positive about these sessions.
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				total spend - £21,171.1 9	
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