

Action plan for P.E 2019/20

Total Sport Premium Allocation - £16,530

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity - kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Objective and Key Indicator	Outcome	Actions	Person	Money	Evaluation
To maintain and progress physical activity opportunities in the school Key indicator 1,2 and 4	All children with have an opportunity to achieve one hour or more of activity per day. Physical activity will be promoted with the children, within the school and within the home. More children will be achieving the government's activity guidelines.	Maintain the physical activity activities: <ul style="list-style-type: none">• Children to come to school in PE kit on PE days• Children complete a daily Golden Mile. Laps to recorded on the Golden Mile website and children rewarded at achievement points• Re-promote the Healthy Selfie board• Review the activity guidelines with the children• Review traverse wall training to all children to	H Dowe	Skip to be fit programme - ? Fitter Future subscription - £74	•

		<p>encourage use in playtimes</p> <ul style="list-style-type: none"> • Continue to provide PE homework and challenges • Balanceability delivery in reception to continue. • Implement Skip to be fit programme when golden mile cannot take place. Start this with a Skipping day provided by a local company to inspire the children to skip. • Maintain the morning workout across the school using Fitter Futures. Year 5 and 6 utilise the new gym equipment as part of their morning workout and afternoon active break. • Maintain active breaks in the afternoon across the school. • Train new play pals to provide further opportunity for activity at lunchtime. • School Games Committee to plan and provide activity challenges 			
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		throughout the year.			
<p>To provide inter school competition and safe practice advice</p> <p>Key Indicators 4 and 5</p>	<p>Children in key stages 1 and 2 will take part in a variety of inter school competitions.</p> <p>Children have the opportunity to progress to county and regional competitions.</p> <p>The school will have access to a health and safety professional that will provide advice when needed and provide a regular update of changes.</p>	<p>Buy into the sports partnership and the P.E hub which provides the competitions and transport.</p> <p>Fill out competition forms</p> <p>Fill out trip forms and send letters</p> <p>Train children for competitions in lessons and clubs</p> <p>Attend all competitions</p>	<p>H Dowe</p> <p>K Rolfe</p> <p>Jill</p>	<p>Sports partnership package - £2700</p>	
<p>To provide CPD</p> <p>Key Indicators 2 and 3 and 4</p>	<p>All teachers and teaching assistants will develop their knowledge, understanding and teaching of high quality physical education. This can be applied in lessons to further develop the delivery of high quality sessions.</p> <p>New schemes will be written or old schemes adapted in line with training received.</p> <p>Children will be provided with new sporting opportunities and new experiences. This will support the development of skill transfer</p>	<p>Buy into the Sports Partnership package which provides three in school twilights and free places on a selection of half day and whole day P.E courses.</p> <p>PE Co-ordinator training PE co-ordinator will attend three training days provided by the University of Bedfordshire. These will ensure continued progression and development of the PE curriculum.</p>	<p>All staff</p>	<p>Sports Partners hip package - £2700</p> <p>Yoga - £500</p> <p>Dance - £400</p>	<p>100% of children in KS2 have received 6 yoga sessions. These sessions have further developed balance and strength, but in addition have developed children's strategies for dealing with many situations in order for them to maintain good mental health. Children have been adopting these breathing techniques within the classroom. Yoga teacher has been</p>

		<p>Parkour: Parkour coach to deliver sessions to year 5 and 6. These are to further develop the gymnastics curriculum in upper key stage 2 so that children are further engaged, have a desire to be active in this area of the curriculum and can apply and further develop their gymnastic skills. PE co-ordinator to attend sessions for CPD so that this can be embedded in the curriculum.</p> <p>Yoga Yoga teacher to be booked for 6 weeks to work with key stage 2. Teachers to be present for CPD so this can be embedded into our teaching to support mental health and resilience.</p> <p>Dance: Dance teacher to be booked for 6 weeks to work with key stage 2. Teacher to be present for CPD and schemes to be embedded into long term plan.</p> <p>Gym: Gym coach to be booked to</p>		<p>Gym Coach - Part of Sports Partners hip package</p>	<p>asked to come back to work with a focus group to continue to develop these techniques.</p> <p>100% of staff trained in breathing techniques and mindfulness and yoga within the classroom to support children's mental health. These techniques are being used to support the children's needs throughout the day e.g. to energise, relax, calm down, cope with stress and anxiety.</p>
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		<p>work with Foundation Stage teacher during the summer term. This will support upskilling the teacher through observation and team teaching.</p> <p>PE Conference - Co-ordinator to attend Bedfordshire PE conference.</p>			
<p>To provide co-ordinator release time</p> <p>Key Indicators 3 and 4</p>	<p>Staff lessons monitored and verbal and written feedback provided. Follow up support given, if required.</p> <p>Co-ordinator to gain an understanding of what P.E is like in the school. Teachers to recognise what areas are good practise and what could be done to further develop the quality of the sessions.</p> <p>15 Play Pals trained and delivering sessions during lunchtimes.</p> <p>Co-ordinator to have day to review the long term plans and medium term plans for breadth balance and teaching sequence.</p>	<p>P.E co-ordinator to have time to observe reception teacher, provide feedback and provide further support if required.</p> <p>15 key stage 2 pupils will be trained as young leaders.</p> <p>PE Co-ordinator to audit long term and medium term plans and adapt and rewrite as necessary.</p>	<p>H Dowe</p> <p>K Walton</p>	<p>Supply Cover - £452</p>	<p>100% of year 3 and 4 children have been trained as Play Pals. They attended a full day of learning to develop leadership skills. children are now leading activities in the playground. 78% of children have chosen to lead games at lunch time and are doing this weekly.</p>
To purchase high quality	P.E lessons and clubs will be enhanced through the use of quality	Purchase resources to support physical development and	H Dowe		

resources Key Indicators 1, 4 and 5	<p>resources and use of purchased schemes. Children will have greater opportunities to use resources to further develop P.E skills. Reduced numbers during team games will ensure all children are actively participating, engaged and enjoying their PE and sport. New resources will be purchased to support the development of new experiences, alternative sports and activity and opportunities for skill transference. Children will further develop the time spent on physical activity. All children will reach the daily activity guidelines.</p> <p>Children in reception and year 1 will have further developed fundamental movement skills and physical development.</p>	<p>fundamental movement skill development in Foundation Stage. High quality PE and Balanceability are embedded. Now need to develop the outside area so the pupils have access to have high quality resources during their free play and focussed sessions. These resources should be an extension of the PE curriculum as well as providing opportunities for activity and physical development.</p> <p>Purchase:</p> <ul style="list-style-type: none"> • Range of balls • Hoops • Skipping ropes • Rackets and balls • Balancing equipment (pogo balls, stilts) • Obstacle course equipment • Wheeled toys • Ladders and hurdles • Balloon balls • Bean bags • Storage boxes for easy access 	Jill		
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<p>To provide Bikeability training</p> <p>Key Indicator 1 and 4</p>	<p>Key stage 2 pupils will develop level 1 and 2 road safety skills through a course delivered by an outside agency and PE co-ordinator.</p>	<p>Book Bikeability level 1 and level 2 for the summer term.</p> <p>Book supply cover so PE co-ordinator can support the delivery of the level 1 training. Co-ordinator is Bikeability trained but this will enable the coordinator to refresh training and skills and team deliver with an experienced coach</p>	<p>H Dowe K Rolfe</p>	<p>Partnership package</p> <p>supply cover</p>	
<p>To achieve School Games Gold Award</p> <p>Key Indicators 1, 2, 4 and 5</p>	<p>The school will achieve the platinum award.</p>	<p>The school already has the gold award and platinum award and this needs to be maintained. Maintain all gold criteria from last year.</p>	<p>H Dowe</p>		
<p>To be up to date with all developments in P.E</p> <p>Key Indicator 3</p>	<p>P.E Co-ordinator will be up to date with all developments in physical education and safe practice. HD will be insured when delivering physical education in school and out of school.</p>	<p>Renew Afpe membership.</p>	<p>H Dowe Jill</p>	<p>£235</p>	

	Key stage 2 Children will be able to confidently self assess and set their own targets in relation to physical, cognitive, health and social skills.	Implement new self assessment sheets in Key Stage 2. Provide time for children to fill these in at the beginning and end of each unit. Provide time to set themselves targets. Purchase more Ipads to use for self assessment videos to help the children self assess their physical and cognitive skills and set themselves targets for improvement.		10 Ipads - £5000	
To develop health education, (mental and physical) and resilience and mindfulness Key indicator 1 and 4	Jigsaw scheme purchased to support the development and knowledge of children's physical and mental health, resilience and mindfulness.	Purchase Jigsaw scheme Staff training in use of Jigsaw scheme. Begin to implement the jigsaw scheme in all year groups within PSHE lessons	L Virnals Jill H Dowe	£1925	
To provide an indoor facility for P.E lessons and extra curricular activities	Through access to an indoor facility, children will receive a broad and balanced curriculum and develop skills, particularly, in the areas of gym and dance. Children will have access to many extra curricular activities which require an indoor space e.g. gym club. The option of an	Book the village hall for all P.E and club sessions. This will include timetabled outdoor P.E sessions so the children have access to an indoor space if the weather is bad.	H Dowe L Virnals Jill	£ 1547 for village hall during winter months	

Key indicators 1 and 4	indoor space during bad weather means P.E lessons and clubs are not cancelled.				
To purchase annual Boxercise license Key indicator 4	Boxercise licence to be purchased to enable delivery of activity in year 5 and 6 and teacher and parent session.	Purchase Boxercise Licence	Jill	£33.33	Licence purchased. 100% of year 5 and 6 children will experience Boxercise in 2020. 45% of staff attend weekly Boxercise sessions for staff wellbeing. 3 parents regularly attend.

See spreadsheet provided by School which shows exact amounts spent so far and remaining funds.
(Available in school)