

Action plan for P.E 2019/20/21

Total Sport Premium Allocation 2019/2020 - £16,650 to be spent by 31/3/20

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It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity - kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Objective and Key Indicator	Outcome	Actions	Person	Money	Evaluation
To maintain and progress physical activity opportunities in the school Key indicator 1,2 and 4	All children will have an opportunity to achieve one hour or more of activity per day. Physical activity will be promoted with the children, within the school and within the home. More children will be achieving the government's activity guidelines.	Maintain the physical activity activities: <ul style="list-style-type: none">• Children to come to school in PE kit on PE days• Children complete a daily Golden Mile and children rewarded at achievement points• Review the activity guidelines with the children• Review traverse wall training to all children to encourage use in playtimes	H Dowe	Skip to be fit programme - £785.10 Fitter Future subscription - £80 Scooterbility pack - £1198	<ul style="list-style-type: none">• Children continue to come to school in PE kit. This has seen an increase in activity and lesson time by up to 15 minutes on PE days.• Golden mile has continued. This contributes 5 minutes towards the 30 minutes a day of activity for all children.• Traverse wall training reviewed

		<ul style="list-style-type: none"> • Continue to provide PE homework and challenges • Balanceability delivery in reception to continue. • Implement Skip to be fit programme when golden mile cannot take place. Start this with a Skipping day provided by a local company to inspire the children to skip. • Maintain the morning workout across the school using Fitter Futures. Year 5 and 6 utilise the new gym equipment as part of their morning workout and afternoon active break. • Maintain active breaks in the afternoon across the school. • Train new play pals to provide further opportunity for activity at lunchtime. • School Games Committee to plan and provide activity challenges throughout the year. 		<p>Fresh air fitness gym equipment - £1659</p>	<p>with all children so the walls are actively used during playtimes to increase activity levels. Play pals have been trained on the use of the climbing wall and can take groups to play on them.</p> <ul style="list-style-type: none"> • All children in reception have had a term of Balanceability in addition to PE in 2019 and 2020. All have developed confidence and competence on a balance bike. They were doing 3 hours of PE a week for a term. • Outdoor gym has been purchased and installed. Year 5 and 6 use for their morning workout and at other times during the day. This
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		<ul style="list-style-type: none"> • Purchase the Scooterbility pack from Balanceability and provide lessons in year 1 and 2 in addition to PE • Purchase an additional piece of outdoor gym equipment for year 5 and 6 to increase the amount of children that can be active at one time. 			<p>contributes 5 -10 minutes towards their 30 minutes per day. It is also used with individual children with needs that require regular active breaks. This has improved focus during lesson times.</p> <ul style="list-style-type: none"> • School has purchased fitterfutures subscription for £80. These are differentiated work out videos that the children do first thing in the morning. This contributes 10 minutes towards the 30 minute activity target. All staff have reported improved focus and concentration. These have been suspended during
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					<p>2020/21 due to the guidelines for activity in the classroom.</p> <ul style="list-style-type: none">• Activity sessions in the afternoon have been introduced on non PE days. These contribute another 10 minutes towards the 30 minute target.• Skip 2 b fit day organised and skipping ropes purchased for all children. The school now completes a daily skip which contributes towards the 30 minutes of activity. All children have improved their skipping skills and the amount they can complete in the time given. They are completing weekly personal challenges.
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					<ul style="list-style-type: none"> • In 2019, all year 3 and 4 children were trained as Play Pals with 75% taking up the opportunity to lead games at lunchtime. In 2020, this has been suspended as the children cannot mix across bubbles. We will restart again in the new academic year. • Scooterbility scooters, helmets and planning resources have been purchased. Teachers in reception will be able to deliver these in addition to Balanceability lessons to further develop core skills and allow for skill transference between the bike and scooter. Year 1 and 2 children will also be able to
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					<p>access this resource and will receive scooter lessons in the summer term in addition to P.E. This will mean they will further develop their core skills and take part in up to 3 hours of PE a week for a period of 6 weeks.</p> <ul style="list-style-type: none"> • School Games Committee to start again next year • Home activities given as part of topic work. Home activities/PE provided during lockdown as part of our curriculum.
<p>To provide inter school competition and safe practice advice</p> <p>Key Indicators 4</p>	<p>Children in key stages 1 and 2 will take part in a variety of inter school competitions.</p> <p>Children have the opportunity to progress to county and regional competitions.</p>	<p>Buy into the sports partnership and the P.E hub which provides the competitions and transport.</p> <p>Fill out competition forms</p> <p>Fill out trip forms and send letters</p>	<p>H Dowe</p> <p>K Rolfe</p> <p>Jill</p>	<p>Sports partnership package £2700 (2019/2020)</p> <p>Sports</p>	<p>Prior to lockdown: 100% of year 1 and 2 children attended 2 inter schools competitions. 26% of year 1 and 2 children attended 5 competitions (District gym competition and gym county finals)</p>

and 5	<p>The school will have access to a health and safety professional that will provide advice when needed and provide a regular update of changes.</p>	<p>Train children for competitions in lessons and clubs</p> <p>Attend all competitions</p> <p>Covid response- Children to take part in intra school competitions that can be conducted taking into account the PE guidelines.</p> <p>Personal challenges will be set throughout the year for competition against self.</p> <p>The school will wait for guidance from the Sports Partnership regarding inter school competition - Update - Children will be taking part in 3 virtual competitions in the Autumn term - Dodgeball, tennis and sportshall athletics</p>		<p>partnership package 2020/2021 - £2700</p>	<p>100% of year 3 and 4 children attended 2 inter school competitions.</p> <p>100% of year 5 and 6 children attended 2 interschool competitions. In addition, 90% attended the Sportshall athletics competition. 60% attended district dodgeball 40% attended the county dodgeball final</p> <p>During 2020, 100% of KS2 children have taken part in intra school competition within their classes with pupils awarded for winning and displaying the School Games Values. 100% of Ks2 children have taken part in 2 inter school competitions that have been delivered virtually. (year 3 and 4 - table tennis and dodgeball, year 5 and 6 - dodgeball and</p>
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					sportshall athletics) Year 3 and 4 reached the county finals in the virtual table tennis competition.
<p>To provide CPD</p> <p>Key Indicators 2 and 3 and 4</p>	<p>All teachers and teaching assistants will develop their knowledge, understanding and teaching of high quality physical education. This can be applied in lessons to further develop the delivery of high quality sessions.</p> <p>New schemes will be written or old schemes adapted in line with training received.</p> <p>Children will be provided with new sporting opportunities and new experiences. This will support the development of skill transfer</p>	<p>Buy into the Sports Partnership package which provides three in school twilights and free places on a selection of half day and whole day P.E courses.</p> <p>PE Co-ordinator training PE co-ordinator will attend three training days provided by the University of Bedfordshire. These will ensure continued progression and development of the PE curriculum.</p> <p>Yoga Yoga teacher to be booked for 6 weeks to work with key stage 2. Teachers to be present for CPD so this can be embedded into our teaching to support</p>	All staff	<p>Sports Partners hip package - £2700</p> <p>Yoga instructor - £300</p> <p>Yoga equipment -£265</p> <p>Dance schemes - £350</p>	<p>100% of children in KS2 have received 6 yoga sessions. These sessions have further developed balance and strength, but in addition have developed children's strategies for dealing with many situations in order for them to maintain good mental health. Children have been adopting these breathing techniques within the classroom. Yoga teacher has been asked to come back to work with a focus group to continue to develop these techniques.</p> <p>100% of staff trained in</p>

		<p>mental health and resilience.</p> <p>Dance: Dance teacher to be booked for 6 weeks to work with key stage 2. Teacher to be present for CPD and schemes to be embedded into long term plan.</p> <p>Gym: Gym coach to be booked to work with Foundation Stage teacher during the summer term. This will support upskilling the teacher through observation and team teaching.</p> <p>PE Conference - Co-ordinator to attend Bedfordshire PE conference.</p> <p>Scooter training Research scooter training from Balanceability for the reception teacher. Upskill to provide further opportunity for development of balance and co-ordination</p>		<p>Gym Coach - Part of Sports Partners hip package</p> <p>Yoga training and scheme of work £1685</p> <p>Forest School training for 2 staff - £4000</p> <p>Twinkl subscription - £101.88</p>	<p>breathing techniques and mindfulness and yoga within the classroom to support children's mental health. These techniques are being used to support the children's needs throughout the day e.g. to energise, relax, calm down, cope with stress and anxiety.</p> <p>Yoga equipment purchased to support the development of yoga and mindfulness in the classroom</p> <p>The school has commissioned a dance teacher with QTS to write schemes to support the development of our dance curriculum. The PE co-ordinator has produced a dance teaching sequence from reception to year 6 and the schemes are being written in line with this. The schemes, where possible, will link to the</p>
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		<p>Ultimate Frisbee CPD training for all staff.</p> <p>Forest School Training Two members of staff to be Forest School trained to enable children to take part in outdoor learning and education. This will provide a broader range of activities and life skills for all pupils. Children will develop the teamwork and social skills needed to take part in all areas of PE and sport as well as increased confidence and resilience that the activities will provide</p> <p>Covid response All staff that normally do not teach PE will be provided with schemes of work and an opportunity to liaise with the PE co-ordinator to discuss the delivery of PE. All staff will be made aware of the guidelines in relation to PE and school sport and provided with risk assessments for the areas they teach in and the PE area they are delivering. Purchase a one year twinkl subscription to</p>		<p>children's topics for more engagement and stimuli. The impact of these will be assessed when they have been delivered. The schemes have been received and are currently being delivered by key stage 2 non specialist staff who are confident with the delivery due to the quality of the lesson planning and resources provided. The dance units provided link with topic units to provide a quality stimulus that the children are confident with and have experience of.</p> <p>Scooterbility scooters, helmets and planning resources have been purchased. Teachers in reception will be able to deliver these in addition to Balanceability lessons to further develop core skills and allow for skill transference between the bike and scooter.</p>
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		<p>support teachers with further planning and resources for PE and physical activity within the school day and classroom.</p> <p>Yoga training for staff - A yoga instructor has been instructed to work with all staff during the school day in order to upskill the teachers and TAs in delivering yoga to primary school pupils. The aim is for yoga to be taught in the PE curriculum and elements be taken into the classroom. This will support indoor activity with low respiratory rates during the Covid period. As part of the training, a progressive scheme of work will be provided for all year groups.</p>		<p>Year 1 and 2 children will also be able to access this resource and will receive scooter lessons in the summer term in addition to P.E. This will mean they will further develop their core skills and take part in up to 3 hours of PE a week for a period of 6 weeks. No further training was required as this supports the Balanceability curriculum/work the school is already trained in.</p> <p>Gym coach cancelled due to lockdown. Revisit next year.</p> <p>All staff have received yoga training so that they are able to deliver yoga within the curriculum. Planning and resources have been purchased to ensure progression through the year groups and to link with the training the teachers</p>
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					<p>have received. All teachers will deliver yoga sessions this academic year.</p> <p>Twinkl subscription purchased and staff utilising to provide ideas for physical activity during the day as well as several resources to support the schemes of work already in place which enrich and further develop knowledge and understanding of staff and pupils.</p> <p>100% of staff have received ultimate Frisbee CPD. The scheme of work has been placed within the upper ks2 invasion games units. All teachers have had a go and delivered a few taster sessions which children have enjoyed. Scheme to be delivered in the 2021/22 academic year.</p> <p>Forest schools carried</p>
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					over to 2021/2022 academic year.
<p>To provide co-ordinator release time</p> <p>Key Indicators 3 and 4</p>	<p>Staff lessons monitored and verbal and written feedback provided. Follow up support given, if required.</p> <p>Co-ordinator to gain an understanding of what P.E is like in the school. Teachers to recognise what areas are good practise and what could be done to further develop the quality of the sessions.</p> <p>15 Play Pals trained and delivering sessions during lunchtimes.</p> <p>Co-ordinator to have day to review the long term plans and medium term plans for breadth balance and teaching sequence.</p>	<p>P.E co-ordinator to have time to observe reception teacher, provide feedback and provide further support if required.</p> <p>15 key stage 2 pupils will be trained as young leaders.</p> <p>PE Co-ordinator to audit long term and medium term plans and adapt and rewrite as necessary.</p> <p>To write and review the PE development plan</p> <p>Covid response PE co-ordinator to be released to observe PE lessons delivered by non specialist teachers.</p>	<p>H Dowe</p> <p>K Walton</p>	<p>Supply cover for PE Co-ordinator release - £285</p>	<p>100% of year 3 and 4 children have been trained as Play Pals in 2019. They attended a full day of learning to develop leadership skills. children are now leading activities in the playground. 78% of children have chosen to lead games at lunch time and are doing this weekly.</p> <p>Long term and medium term plans have been produced and teaching sequences for dance, gym and games have been produced to demonstrate how these areas progress through the age phases.</p> <p>PE development plan has been written and reviewed as part of an ongoing process.</p> <p>No observations have taken place. PE co-</p>

					ordinator has provided support to all teachers through meetings going through schemes and teaching points etc
<p>To purchase high quality resources</p> <p>Key Indicators 1, 4 and 5</p>	<p>P.E lessons and clubs will be enhanced through the use of quality resources and use of purchased schemes. Children will have greater opportunities to use resources to further develop P.E skills. Reduced numbers during team games will ensure all children are actively participating, engaged and enjoying their PE and sport. New resources will be purchased to support the development of new experiences, alternative sports and physical activity and opportunities for skill transference. Children will further develop the time spent on physical activity. All children will reach the daily activity guidelines.</p> <p>Children in reception and year 1 will have further developed fundamental movement skills and physical development.</p> <p>Children will have improved mental health, feelings management and</p>	<p>Purchase resources to support physical development and fundamental movement skill development in Foundation Stage. High quality PE and Balanceability are embedded. Now need to develop the outside area so the pupils have access to have high quality resources during their free play and focussed sessions. These resources should be an extension of the PE curriculum as well as providing opportunities for activity and physical development.</p> <ul style="list-style-type: none"> • Purchase Skip2bfit resources to support the implementation of the skipping programme to increase physical activity levels of all children and replace the golden mile when this cannot be run due to weather or 	<p>H Dowe</p> <p>Jill</p>	<p>Skip2bfit - £785.10</p> <p>Reception equipment - £95.90</p> <p>Playtime equipment - £1,094.12</p> <p>P.E equipment - £513</p> <p>Yoga mats - £203.40</p>	<p>Skip 2 b fit purchased (see above)</p> <p>Yoga and mindfulness resources purchased (see above) All staff undertaken CPD.</p> <p>Reception outdoor space is in the process of being re-developed. Children have greater access to a range of resources for developing gross motor and core skills and to provide opportunities for more physical activity. These resource mirror the PE curriculum to allow opportunities for continuous provision. Children have daily access to this area. They also have access to the playground to fully utilise the wheeled toys, bikes</p>

	<p>well being through the use of yoga breathing techniques and mindfulness activities in the classroom.</p>	<p>surface restrictions</p> <ul style="list-style-type: none"> • Purchase 24 yoga and mindfulness resources to support the implementation of the staff CPD within the classroom in all year groups • Purchase yoga mats for the delivery of yoga sessions in the curriculum. This is in response to the staff CPD day in October 2020. • Purchase equipment to increase physical activity at playtime and lunch time across the school. Audit current playtime resources and then produced a list of resources that would improve activity levels and provide new opportunities and experiences. Use pupil voice to gain ideas of what the children would 		<p>and scooters the school has purchased. Children are more activity and will further develop their core skills.</p> <p>Yoga mats have been purchased so that 100% of pupils across the school can receive yoga lessons. These mats provide excellent grip and cushioning to allow pupils to develop their yoga poses.</p> <p>Audit of playtime resources has taken place. Playground equipment has been ordered and received. A range of equipment has been purchased to facilitate activity but also further develop fundamental movement skills, games skills, competition and sportsmanship. Playground observations show that pupils are</p>
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		<p>like.</p> <p>Purchase P.E equipment to ensure the long term plan can be fully delivered in all areas of the curriculum. Audit resources and purchase to fill gaps in the curriculum. This will ensure all schemes of work can be delivered as intended.</p>			<p>continuously active and using the equipment provided. Key stage 2 children are setting up and running their own games e.g. dodgeball and cricket which further develops skills and knowledge and understanding of the game as well as leadership and sportsmanship.</p> <p>The PE curriculum has been fully resourced so that all schemes on the long term plan can be delivered as intended and all pupils can participate. There are no queues while waiting or children using equipment that is not fit for purpose or developing skills.</p>
To provide Bikeability training Key Indicator 1 and 4	Key stage 2 pupils will develop level 1 and 2 road safety skills through a course delivered by an outside agency and PE co-ordinator.	<p>Book Bikeability level 1 and level 2 for the summer term.</p> <p>Book supply cover so PE co-ordinator can support the delivery of the level 1 training. Co-ordinator is Bikeability trained but this will enable the</p>	H Dowe K Rolfe	Partnership package supply cover	<p>Bikeability was booked for year 5 and year 6. This was cancelled due to lockdown. We have provisionally booked for the next academic year. (2020)</p>

		coordinator to refresh training and skills and team deliver with an experienced coach			<p>Bikeability level 1 was also cancelled. We are looking into booking it in 2020.</p> <p>Both rescheduled for 2021/2022 academic year</p>
<p>To achieve School Games Gold Award</p> <p>Key Indicators 1, 2, 4 and 5</p>	The school will achieve the platinum award.	The school already has the gold award and platinum award and this needs to be maintained. Maintain all gold criteria from last year.	H Dowe		School Games Award not awarded this year due to lockdown. The school was on track to maintain Gold and Platinum. Review next year.
<p>To be up to date with all developments in P.E</p> <p>Key Indicator 3</p>	P.E Co-ordinator will be up to date with all developments in physical education and safe practice. HD will be insured when delivering physical education in school and out of school.	<p>Renew Afpe membership.</p> <p>Purchase new Afpe book - Safe practice in physical education</p>	H Dowe Jill	<p>Afpe membership £237 (2019/20)</p> <p>£239 (2020/2021)</p> <p>Afpe book -</p>	<p>Membership renewed. Co-ordinator receives latest magazine, research and health and safety updates to keep up to date with changes and developments.</p> <p>Afpe book pre ordered</p>

				£45	
<p>To develop self and peer assessment in Ks2</p> <p>Key indicator 4</p>	<p>Key stage 2 Children will be able to confidently self assess and set their own targets in relation to physical, cognitive, health and social skills.</p>	<p>Implement new self assessment sheets in Key Stage 2. Provide time for children to fill these in at the beginning and end of each unit. Provide time to set themselves targets.</p> <p>Re-introduce these in September 2020. Develop further by introducing self assessment of physical and cognitive skills.</p> <p>Purchase more Ipads to use for assessment videos to help the children self and peer assess their physical and cognitive skills and set themselves targets for improvement. These will support the development of leadership and coaching skills and the opportunity to use subject</p>		<p>Ipads and charging cabinet - £5703.7</p>	<p>Prior to lockdown, the assessments for social and health skills had been introduced to the upper keystage 2 children. The children were able to self assess against the criteria and then set their own targets. They then reviewed these at the end of the term and set new targets. The children were more aware of what the expectations were and what they need to do to further their learning and achieve their targets.</p> <p>They are beginning to realise how social and health skills contribute towards being an</p>

		specific vocabulary.			<p>effective performer in PE and sport.</p> <p>Ipads have been purchased. When set up, these needed to be embedded with the curriculum to develop leadership skills through the ability to self and peer assess, provide feedback and use pe vocabulary.</p>
<p>To develop health education, (mental and physical) and resilience and mindfulness</p> <p>Key indicator 1 and 4</p>	Jigsaw scheme purchased to support the development and knowledge of children's physical and mental health, resilience and mindfulness.	<p>Purchase Jigsaw scheme</p> <p>Staff training in use of Jigsaw scheme.</p> <p>Begin to implement the jigsaw scheme in all year groups within PSHE lessons</p>	<p>L Virnals</p> <p>Jill</p> <p>H Dowe</p>	£1147.50	<p>Jigsaw scheme and resources purchased.</p> <p>All staff trained.</p> <p>This was introduced in the Spring term. The impact of this needs to be assessed further in the new academic year. The children only completed one unit prior to lockdown. They enjoyed this unit and teachers recognised the improved focus due to the mindfulness activities within the scheme.</p>

					Update: We have delivered a further scheme with 100% of children achieving the expectation. Mindfulness has been further developed and teachers continue to notice further improvement in focus and attention.
To provide an indoor facility for P.E lessons and extra curricular activities Key indicators 1 and 4	Through access to an indoor facility, children will receive a broad and balanced curriculum and develop skills, particularly, in the areas of gym and dance. Children will have access to many extra curricular activities which require an indoor space e.g. gym club. The option of an indoor space during bad weather means P.E lessons and clubs are not cancelled.	Book the village hall for all P.E and club sessions. This will include timetabled outdoor P.E sessions so the children have access to an indoor space if the weather is bad.	H Dowe L Virnals Jill	£ 1547 for village hall during winter months (per year)	All children have access to an indoor space for gymnastics lessons. All children in key stage 1 and lower key stage 2 have developed their gymnastic skills and have reached the expected level for their age. 33% of the school attend the weekly gym club. 35% of KS2 attend sports club. No PE lessons or clubs cancelled in the last academic year due to weather.
To purchase annual Boxercise	Boxercise licence to be purchased to enable delivery of activity in year 5 and 6 and teacher and parent	Purchase Boxercise Licence	Jill	£33.33 £33.33	Licence purchased. 100% of year 5 and 6 children will experience Boxercise

license Key indicator 4	session.			(2021)	in 2020. 45% of staff attend weekly Boxercise sessions for staff wellbeing. 3 parents regularly attend. (suspended due to Covid)
To purchase a large metal shed to store equipment Key indicators 4 and 5	All the new equipment needs to be stored as the school has limited storage space. Without this shed the school could not provide all the new experiences, initiatives and physical activity it provides.	<ul style="list-style-type: none"> Measure and install a large shed that maximises the storage space but is made from sustainable material to ensure quality and lifespan. 	Jill	£3940	Shed installed. This provides a purposeful space for existing and new equipment which will provide new experiences for all the children. The school can now provide a wide range of sports in curriculum and clubs including lacrosse, Frisbee, boxercise etc
To raise the profile of PE and sport	All staff will raise the profile of PE by wearing school PE kit on PE days. This will demonstrate to the children the value of PE, sport and activity and the need to be dressed appropriately for activity. They staff will provide a positive role model for all children so they develop the same love of PE and sport.	<ul style="list-style-type: none"> Purchase staff PE kit. Initially, a staff fleece for the winter months and then a polo and PE jacket. 	Jill	Staff fleeces - £245	All staff wear PE kit on PE days promoting a whole school love of PE and sport as well as providing children with active role models.